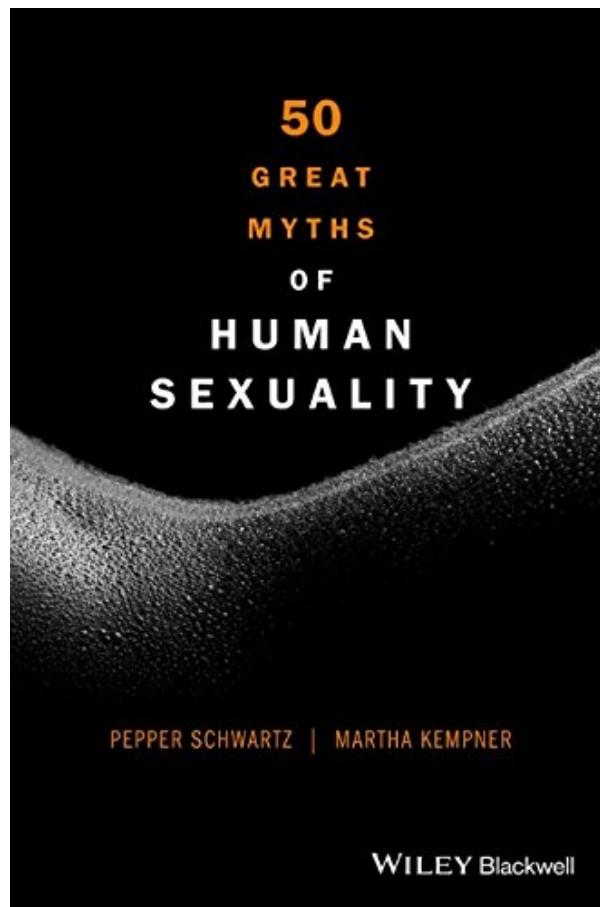


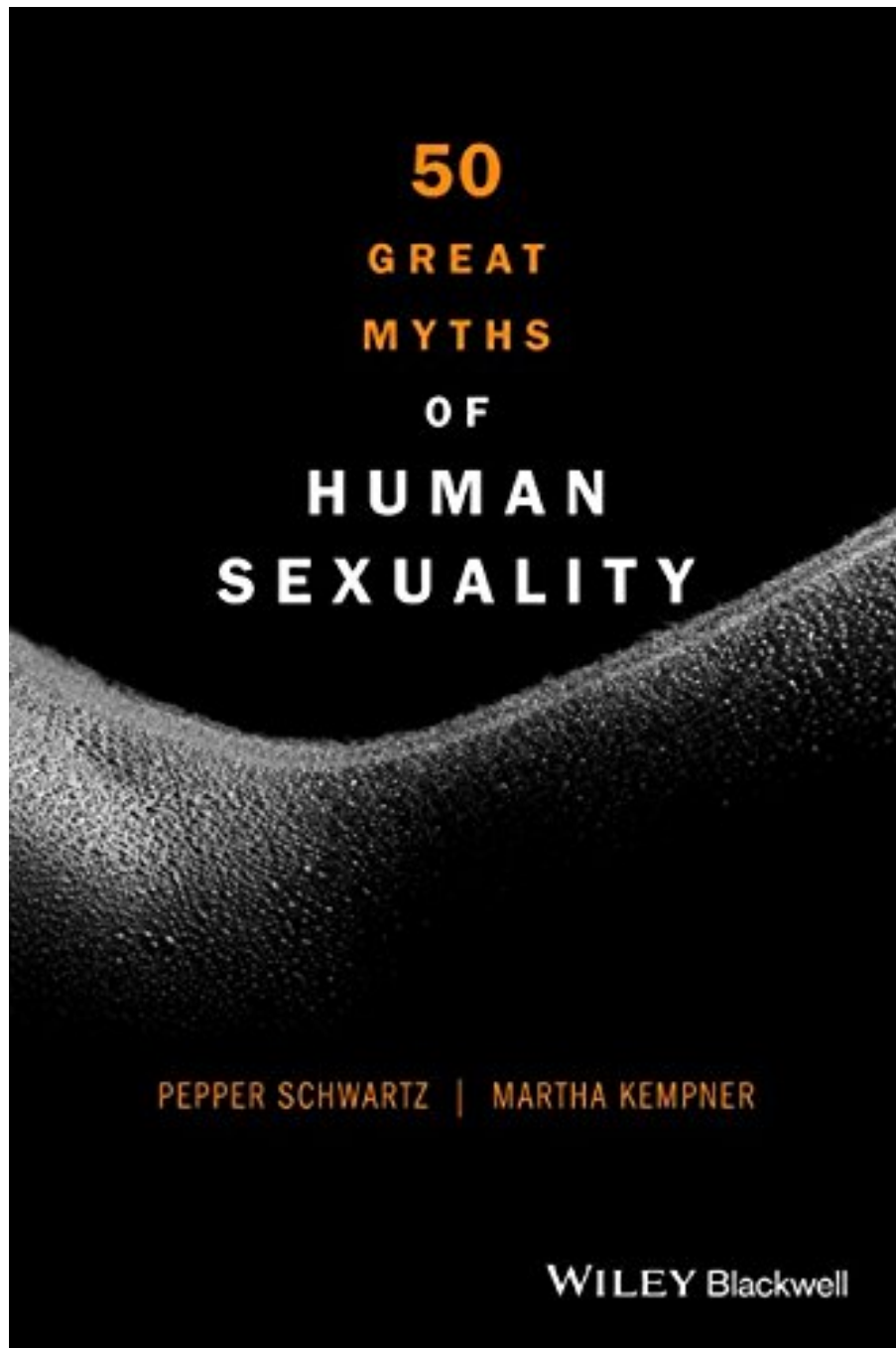
50 GREAT MYTHS OF HUMAN SEXUALITY

**BY PEPPER SCHWARTZ, MARTHA
KEMPNER**



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50 Great Myths Of Human Sexuality By Pepper Schwartz, Martha Kempner Just how can you alter your mind to be a lot more open? There many sources that could help you to boost your thoughts. It can be from the other experiences and story from some people. Book 50 Great Myths Of Human Sexuality By Pepper Schwartz, Martha Kempner is one of the trusted resources to get. You can find a lot of books that we discuss right here in this website. And now, we show you among the very best, the 50 Great Myths Of Human Sexuality By Pepper Schwartz, Martha Kempner

From the Back Cover

There exists a wide range of misconceptions concerning human sexuality, many of which are certified by self-appointed “experts” and passed on as the absolute truth; some of which are even taught in schools. Some of these misconceptions are so misleading as to be dangerous while others can cause needless worry and anxiety.

50 Great Myths of Human Sexuality seeks to dispel commonly accepted myths and misunderstandings surrounding human sexuality. Authors Schwartz and Kempner provide an enlightening, fascinating and challenging book that covers the fifty areas they believe individuals must understand to have a safe, pleasurable and healthy sex life. Encompassing heterosexual and same-sex relationships where possible, these include myths surrounding pre-marital sex, masturbation, sexual diseases, fantasy, pornography, contraception, and understanding emotions such as jealousy, body image insecurity, passionate love and sexual aggression and how they affect sexual health and happiness.

Based on their collective years of experience working in the field of human sexuality, the authors provide an enlightening, fascinating and challenging book for students learning about human sexuality, and an engaging introduction for general readers interested in questions about the human behavior, sexuality, and gender diversity.

About the Author

Pepper Schwartz is Professor of Sociology at the University of Washington. She is also Senior Fellow on the Council on the Contemporary Family, on the board of the University of Minnesota Sexual Health Center, and Chairperson of the Advisory Board for the Ph.D. in Sexual Studies at the Institute for Integral Studies in San Francisco. She is the author of 20 books, including *The Getaway Guide to a Great Sex Weekend* (2012), *The Normal Bar: The Surprising Secrets of Happy Couples* (2013) and *Dating After 50 for Dummies* (Wiley 2014). She is the recipient of numerous national awards and Past President of The Society for the Scientific Study of Sexuality.

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50 Great Myths of Human Sexuality seeks to dispel commonly accepted myths and misunderstandings surrounding human sexuality, providing an enlightening, fascinating and challenging book that covers the fifty areas the author's believe individuals must understand to have a safe, pleasurable and healthy sex life.

- Dispels/Explores commonly accepted myths and misunderstandings surrounding human sexuality
 - Includes comparisons to other countries and cultures exploring different beliefs and how societies can influence perceptions
 - Areas discussed include: pre-marital sex, masturbation, sexual diseases, fantasy, pornography, relationships, contraception, and emotions such as jealousy, body image insecurity, passionate love and sexual aggression
 - Covers both heterosexual and same-sex relationships
-
- Sales Rank: #6202419 in Books
 - Published on: 2015-04-20
 - Original language: English
 - Number of items: 1
 - Dimensions: 9.30" h x .88" w x 6.30" l, .0 pounds
 - Binding: Hardcover
 - 320 pages

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Most helpful customer reviews

1 of 2 people found the following review helpful.

Brilliant - an accessible, interesting read, rigorously researched & referenced, scholarly and fascinating.

By A. I. McCulloch

Initially I was sceptical of the value of this book. Flicking through the list of sexual myths I found no belief that I subscribed to, although as a 57 year old heterosexual woman there were plenty that were whispered around in my formative years.

'You can't get pregnant the first time' was debunked by several girls around my age in the large high school I attended; 'You can tell if someone is gay just by looking at them' was a view voiced by many men of my father's generation – and there were many more.

This book is so much more than just a debunking of myths however, opening up many alternative lines of thought. It examines the roots of myths, the research that has disproved the myths, and the cultural mindsets that have maintained or partly maintained the myths in some cases, particularly in popular culture and the media.

It manages to tread the line between popular accessibility and scholarly research beautifully with up to date facts, carefully examined, but written in language that the layman can understand.

There are nine major chapters of the book, each with a helpful subtitle to explain the contents. The first section 'Body Parts' – 'Who has what and how it works' debunks myths involving size, body odour, male circumcision, the G-spot, hormones, and sexual orientation.

I wish I'd had access to Chapter 5, 'Conception and contraception: Illusions and Delusions' as a teen bride. Whilst I've gained a lot of knowledge since and the information is no longer required, the chapter made for a fascinating read.

For those accessing the book for use in research/essays/dissertations, the research referenced throughout is first – class, every chapter is packed with academic references. These are helpfully included at the end of subsections to which they refer, rather than as pages at the end of chapters.

Each chapter heading also has the book's own reference at the foot of the page. This great news for those (like me in the distant past) who have photocopied whole chapters in academic libraries and then realised they have no record of the source.

A keen investigative eye by the authors on the research of others, particularly qualitative research, puts forwards some robust arguments throughout challenging established theories without ever going into the realm of the bizarre.

The authors acknowledge themselves that being in the USA, their cultural references have that bias, but they are not blind to research from elsewhere. I am in the UK and found the book far more accessible in this aspect than I had expected.

This is a scholarly but very readable book, one that can definitely be read for interest outside academia without losing credibility. Recommended for anyone with a professional interest in the subject, but for the interested lay person as well.

Disclaimer: I received a copy to review without cost under the UK's Vine Voices scheme.

0 of 1 people found the following review helpful.

Great Read for Anyone Interested in Sexuality

By Dr. Serena McKenzie

This is a great read, both for sexuality professionals as well as anyone interested in learning more about sexuality in general. Backed by lengthy research references, the information provided gives evidence based commentary on numerous areas of sexuality in modern culture of commonplace interest and brings intriguing clarity to some controversial topics.

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Spending the leisure by checking out **50 Great Myths Of Human Sexuality By Pepper Schwartz, Martha Kempner** could offer such fantastic experience even you are just seating on your chair in the office or in your bed. It will not curse your time. This 50 Great Myths Of Human Sexuality By Pepper Schwartz, Martha Kempner will guide you to have even more precious time while taking rest. It is extremely pleasurable when at the midday, with a cup of coffee or tea and a publication 50 Great Myths Of Human Sexuality By Pepper Schwartz, Martha Kempner in your gizmo or computer system display. By delighting in the sights around, below you could begin checking out.

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